

## Sarah Alsofrom shines brightly at Chamber's Monthly Coffee & Chat

On March 5, Sarah Alsofrom, vice president of community relations for GL Homes, multi-ATHENA Leadership awardee, and



former Chair of the Chamber of Commerce of the Palm Beaches, guided attendees in an engaging session at the Chamber's Women in Business Committee monthly Coffee & Chat event in the Chamber's boardroom. Alsofrom shared insights on difficult situations,



such as the power of saying no, the resilience required to persevere, balancing obligations with what's best for oneself, colleagues, and the business, and the clarity

of mind that acknowledging one's self-defining word for that day can provide in a moment. For more information on seminars and sponsorship opportunities, contact Rachel Quismundo at [rquismundo@palmbeaches.org](mailto:rquismundo@palmbeaches.org) or 561-421-5129.